My Worst Enemy © 2026 Jhana Matthews

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lyrics by Jhana Matthews

Written on March 14, 2026

Genre of Music: Pop Rock, Girl Group, Harmony

Song via Suno

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My Worst Enemy

[Guitar Solo]

[Verse 1]
My pillow knows all the secrets
That my heart tries to hide
It knows my name
But only these walls
Knows the pain

[Chorus]
My demons are my worst enemy
They're telling me that I'm not good enough [I want to be good enough]
It tells me that everyone will leave

[Verse 2]
My demons

Knows my past
Replaying it like a movie
Every hidden, broken part
Is a fire within my heart

[Guitar Solo]

[Chorus]
My demons are my worst enemy
They're telling me that I'm not good enough [I want to be good enough]
It tells me that everyone will leave

[Bridge]
I dream of the day that I can breathe on my own
I don't want to flinch
With every bad thought
That comes my way
My mind is my own war

[Guitar Solo]

[Chorus]
My demons are my worst enemy
They're telling me that I'm not good enough [I want to be good enough]
It tells me that everyone will leave

[Ending Guitar Solo]

[Outro]
I want to be good enough
Please don’t leeeevvvve

[Guitar Solo]

Please don’t leavvveee

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