

**Unfreeze © 2025 Jhana Matthews**

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Poem by Jhana Matthews  
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## Unfreeze



For years I froze the future  
I didn't know how to unfreeze my past  
To make our love last

I didn't know  
How to love you  
without knowing how to keep you

How can I unfreeze my heart?  
To make our love a piece of art  
How can I unfreeze my heart

To make you my favorite part

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