I’m Stronger Than It All © 2026 Jhana Matthews

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Genre of Music: Emotional Pop Rock, powerful female vocals, heartfelt verses, uplifting chorus, piano and electric guitar, dynamic drums, inspiring, vulnerable yet empowering, cinematic build, emotional bridge, modern pop rock.

Song via Suno

I’m Stronger Than It All



[Verse 1]

They see the way I walk

Before they see my smile

They judge my limits

Before they know my heart
They judge my limits
Like I have no dreams

[Pre-Chorus]
I've spent too long believing
That I'd never be good enough
I carried these doubts
When life became too tough
But deep inside of me
I know that it's finally time
To become who I was meant to be.

[Chorus]
I don't need to be perfect
Because nobody is
I don't need to change myself to prove that I exist
The world may call me broken
Or tell me I'm not enough
But I choose to see the woman
Who rises above

No one is perfect

No one has it all.

I’m learning how to love myself

Even when I fall.

I’m more than what they see

Because I’m stronger than it all

[Verse 2]

Some may wear a perfect smile

While hiding silent pain

Some may chase perfection

But still feel incomplete

We’re all carrying battles

The world will never know

Maybe our imperfections

Are where our true hearts grow.

A body doesn’t measure

The kindness that we give

The strongest souls are often found

In the hardest lives they live.

Maybe being different

Isn’t something to hide
Maybe it’s the very thing
That fills our hearts with pride

[Pre-Chorus]
I’ve spent too long believing
That I’d never be good enough
I carried these doubts
When life became too tough
But deep inside of me
I know that it’s finally time
To become who I was meant to be.

[Chorus]
I don’t need to be perfect
Because nobody is
I don’t need to change myself to prove that I exist
The world may call me broken
Or tell me I’m not enough
But I choose to see the woman
Who rises above

No one is perfect

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I’m learning how to love myself

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I’m more than what they see

Because I’m stronger than it all

[Bridge]

I’m done letting strangers

Decide what beauty means

I’m done chasing standards

That were never made for me.

My scars became reminders

Of every fight

I’ve won

My heart already knows who I’ve always become.

If they can’t see my worth

That doesn’t change

My name

Today I choose forgiveness,

Today I choose

My strength.

[Pre-Chorus]
I've spent too long believing
That I'd never be good enough
I carried these doubts
When life became too tough
But deep inside of me
I know that it's finally time
To become who I was meant to be.

[Chorus]
I don't need to be perfect
Because nobody is
I don't need to change myself to prove that I exist
The world may call me broken
Or tell me I'm not enough
But I choose to see the woman
Who rises above

No one is perfect
No one has it all.

I’m learning how to love myself
Even when I fall.
I’m more than what they see
Because I’m stronger than it all

[Final Chorus]
I don’t have to hide
The person I was born to be.
I don’t have to fit
Someone else’s dreams of me
I may live with a disability,
But that’s only part of my story
My heart, my voice, my courage
That’s my greatest glory

The mirror doesn’t define me
The crowd can’t
Change my soul
When I finally embraced myself,
I became whole

I found my voice

I found my own way

And I am enough

More than enough

Exactly as I am today

[Outro]

I'm more than what they see,
Because I'm stronger than it all.

I'm more than what they see,
Because I'm stronger than it all.

The mirror doesn't define who I am
I'm more than what they see,
Because I'm stronger than it all.

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