

**When I Lost You © 2025 Jhana Matthews**

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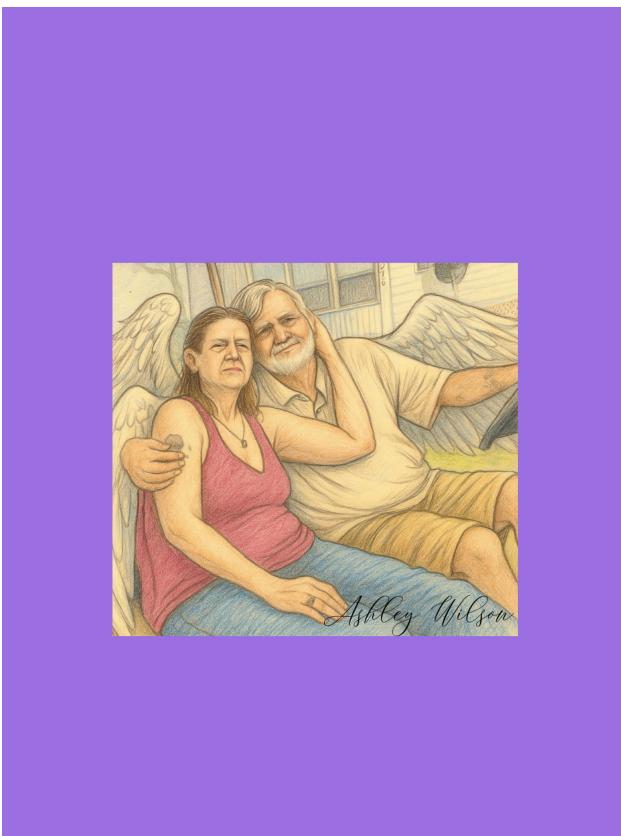
Poem by Rob Bissonnette

Lyrics by Jhana Matthews

Poem Inspired date October 23<sup>rd</sup>, 2025

Song VIA Suno

## When I Lost You



[verse 1]

When my parents passed away,  
It was like my heart was ripped into pieces

No way to put it back together

[Chrous]

I am reaching deep into my past  
With my mind full of fear  
My memories are surfacing

[verse 3]

Everything I tried to forget  
Began to haunt me  
I can't control the pain  
It's like the bandage ripped from my wound

[Chrous]

I am reaching deep into my past  
With my mind full of fear  
My memories are surfacing

[Verse 4]

My tears pooling in the corner of my eyes before falling down  
my cheeks

[Chrous]

I am reaching deep into my past  
With my mind full of fear  
My memories are surfacing

{Bridge Spoken}

Dad & Mom”

I miss you both very much

I think about you all the time

My heart hurts from this loss.

I love you both with all my heart

See you in the next life

Love

Robert Jr.

[Chrous]

I am reaching deep into my past

With my mind full of fear

My memories are surfacing

[Verse 5]

I'm barely holding on

My anxiety is gripping my mind like it's flooded with the images of the trauma I suffered.

[Verse 6]

I am trapped with the maze of regret and sadness

My lost within himself

And my sanity slipped away

[Chrous]

I am reaching deep into his past

With my mind full of fear  
My memories are surfacing

{Bridge Spoken}

Dad & Mom”

I miss you both very much

I think about you all the time

My heart hurts from this loss.

I love you both with all my heart

See you in the next life

Love

Robert Jr.