

When I Lost You © 2025 Jhana Matthews

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Poem by Rob Bissonnette

Lyrics by Jhana Matthews

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Song VIA Suno

When I Lost You



[verse 1]

When my parents passed away,

It was like my heart was ripped into pieces

No way to put it back together

[Chrous]

I am reaching deep into my past
With my mind full of fear
My memories are surfacing

[verse 3]

Everything I tried to forget
Began to haunt me
I can't control the pain
It's like the bandage ripped from my wound

[Chrous]

I am reaching deep into my past
With my mind full of fear
My memories are surfacing

[Verse 4]

My tears pooling in the corner of my eyes before falling down
my cheeks

[Chrous]

I am reaching deep into my past
With my mind full of fear
My memories are surfacing

{Bridge Spoken}

Dad & Mom”

I miss you both very much

I think about you all the time

My heart hurts from this loss.

I love you both with all my heart

See you in the next life

Love

Robert Jr.

[Chrous]

I am reaching deep into my past

With my mind full of fear

My memories are surfacing

[Verse 5]

I'm barely holding on

My anxiety is gripping my mind like it's flooded with the
images of the trauma I suffered.

[Verse 6]

I am trapped with the maze of regret and sadness

My lost within himself

And my sanity slipped away

[Chrous]

I am reaching deep into his past

With my mind full of fear
My memories are surfacing

{Bridge Spoken}

Dad & Mom”

I miss you both very much

I think about you all the time

My heart hurts from this loss.

I love you both with all my heart

See you in the next life

Love

Robert Jr.