When I Lost You © 2025 Jhana Matthews

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Inspired by Rob Bissonnette's poem

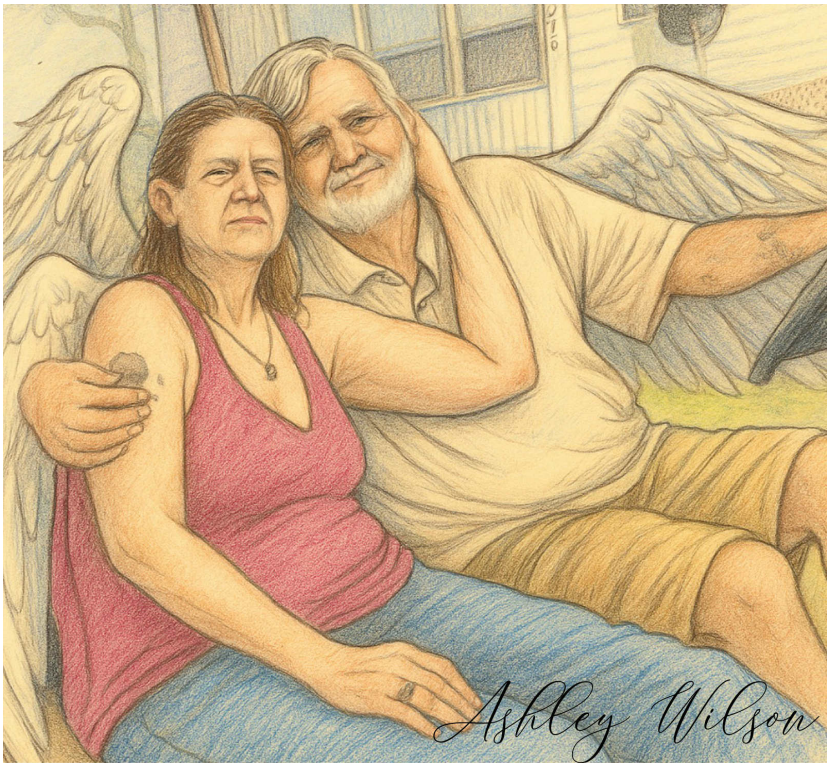
Lyrics by Jhana Matthews

Written on October 23, 2025

Genre of Music: Hip-Hop, Boy Group

Song via Suno

When I Lost You



[verse 1]
When my parents passed away,
It was like my heart was ripped into pieces
No way to put it back together

[Chorus]
I am reaching deep into my past
With my mind full of fear
My memories are surfacing

[verse 3]
Everything I tried to forget
Began to haunt me
I can’t control the pain
It’s like the bandage ripped from my wound

[Chorus]
I am reaching deep into my past
With my mind full of fear
My memories are surfacing

[Verse 4]
My tears pooling in the corner of my eyes before falling down my cheeks

[Chorus]

I am reaching deep into my past
With my mind full of fear
My memories are surfacing

{Bridge Spoken}
Dad & Mom”
I miss you both very much
I think about you all the time
My heart hurts from this loss.
I love you both with all my heart
See you in the next life
Love
Robert Jr.

[Chorus]
I am reaching deep into my past
With my mind full of fear
My memories are surfacing

[Verse 5]
I’m barely holding on
My anxiety is gripping my mind like it’s flooded with the images of the trauma I suffered.

[Verse 6]
I am trapped with the maze of regret and sadness
I’m lost within himself

And my sanity slipped away

[Chorus]
I am reaching deep into his past
With my mind full of fear
My memories are surfacing

{Bridge Spoken}
Dad & Mom”
I miss you both very much
I think about you all the time
My heart hurts from this loss.
I love you both with all my heart
See you in the next life
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Illustrated by Ashley Wilson