

My name is Jhana. I am almost 34 years old, born with Spina Bifida, Hydrocephalus and Klippel-Fiel Syndrome. When I was born, I was 2 pounds and 3 ounces. I live in Hawaii ever since I was born.

I am attended Full Sail University to obtain my BFA degree in Creative Writing and I graduate in May of this year. Before Full Sail, I came up with my brand name “Jhana’s Writing Journey,” but it did not really go anywhere. So in one of the classes, I decided to develop the website for Jhana’s Writing Journey. In other news, I decided to

write for Unwritten. I don't write all the time, but I hope I can get back to it.

My favorite thing to do with Jhana's Writing Journey is writing blogs and sharing my story with the world. I love the way writing makes me feel. It is a really good tool because it helps with my depression. I don't ever plan on stopping writing blogs, it will just take me some time. Every week is different than the last.

[What is Spina Bifida?](#)

[What is Encephalocele?](#)

[What is Hydrocephalus?](#)

What is a Shunt?

What is Klippel-Fiel Syndrome?