

Letting You Go © 2025 Jhana Matthews

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Poem by Jhana Matthews

Lyrics by Jhana Matthews

Lyrics Date December 20, 2025

Genre of Music Acoustic Guitar, Keyboard

Song VIA Suno

Letting You Go



[Intro Spoken]

Uncle Paul, listen.

I wish I had one more day with you so I could make everything right with you again. Since I can't physically talk to you. This song is for you.

[Verse 1]

I'm drowning in water,

While I'm stuck on the surface
It feels like tears are trapped inside,
Flooding a place where light can't reach.

[Pre-Chorus]

Every moment without you
Feels longer than the day I lost you
Every strength that I had
Died along with you

[Chorus]

The pain I feel
is like a needle in the heart
The pain I feel
Reminds me that you were real
Reminds me that you were real

[Verse 2]

My heart is breaking
While I am trying to hold it all together
Ever since you left,
I feel lost

[Pre-Chorus]

Every moment without you
Feels longer than the day I lost you
Every strength that I had

Died along with you

[Chorus]

The pain I feel
is like a needle in the heart
The pain I feel
Reminds me that you were real
Reminds me that you were real

[Verse 3]

I want to give up,
But I made you a promise.
I want to die,
but I made you a promise
That I wouldn't

[Pre-Chorus]

Every moment without you
Feels longer than the day I lost you
Every strength that I had
Died along with you

[Chorus]

The pain I feel
is like a needle in the heart
The pain I feel
Reminds me that you were real

Reminds me that you were real

[Verse 4]

Saying goodbye is something I did not do
Anger ruined my life,
And that's why it is hard to let you go

[Spoken]

Mom says you forgave me,
But I am not ready to accept
Knowing that I lost you
Makes me feel like its my fault
I wish I could have done something
But now it is too late

[Pre-Chorus]

Every moment without you
Feels longer than the day I lost you
Every strength that I had
Died along with you

[Chorus]

The pain I feel
is like a needle in the heart
The pain I feel
Reminds me that you were real
Reminds me that you were real

[Verse 5]

I don't have the strength to let this pain go
I don't have the strength to move forward
I don't have the strength to forget
I don't have the strength to forgive myself
I don't have the strength to be strong
Because all that won't bring you back

[Pre-Chorus]

Every moment without you
Feels longer than the day I lost you
Every strength that I had
Died along with you

[Chorus]

The pain I feel
is like a needle in the heart
The pain I feel
Reminds me that you were real
Reminds me that you were real

[Verse 5]

Knowing that hurts me
The pain hits me, sharp, sudden, hollow
Everything that I've felt
died along with you

[Pre-Chorus]

Every moment without you
Feels longer than the day I lost you
Every strength that I had
Died along with you

[Chorus]

The pain I feel
is like a needle in the heart
The pain I feel
Reminds me that you were real
Reminds me that you were real

[Outro]

Uncle Paul, I love you
Uncle Paul, I love you
Uncle Paul, I love you

Illustrated by a friend