

Fighting My Demons © 2025 Jhana Matthews

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Poem by Rob Bissonnette
Lyrics by Jhana Matthews
Lyrics date November 19, 2025
Genre of Music Rock, Girl Group
Song VIA [Suno](#)

Fighting My Demons



[Verse 1]
I'm facing the truth
While deleting the lies
Fighting the battles
That stares me in the eyes

[Pre-Chorus]
My face shows no emotion

I can't control my thoughts
It feels like I am losing to my demons

[Chorus]
Every night
The demons are always in sight

[Verse 2]
I can't send these demons away
It's like I'm fighting to survive

[Pre-Chorus]
My face shows no emotion
I can't control my thoughts
It feels like I am losing to my demons

[Chorus]
Every night
The demons are always in sight

[Bridge]
I'm fighting these demons
That is a battle that wages on
I'm silently screaming

[Verse 3]
I feel my body trembling

While it's clawing me from the inside

[Pre-Chorus]

My face shows no emotion

I can't control my thoughts

It feels like I am losing to my demons

[Chorus]

Every night

The demons are always in sight

[Bridge 2]

The walls are closing in on me

My will to survive is fading

[Pre-Chorus]

My face shows no emotion

I can't control my thoughts

It feels like I am losing to my demons

[Chorus]

Every night

The demons are always in sight

[Verse 4]

It's like my pain is my prison

Wanting to be set free

[Bridge]

I'm fighting these demons
That is a battle that wages on
I'm silently screaming

[Pre-Chorus]

My face shows no emotion
I can't control my thoughts
It feels like I am losing to my demons

[Chorus]

Every night
The demons are always in sight

[Bridge 2]

The walls are closing in on me
My will to survive is fading

[Spoken]

I'm struggling to hide my fears
There's no going back

[Guitar Solo]

[Pre-Chorus]

My face shows no emotion

I can't control my thoughts
It feels like I am losing to my demons

[Chorus]
Every night
The demons are always in sight

[Verse 5]
The cage is broken
They are out of control
It's my life that the demons are taken control
I am not able to hide
For once, I want to take control

[Bridge 2]
The walls are closing in on me
My will to survive is fading

[Guitar Solo]

[Pre-Chorus]
My face shows no emotion
I can't control my thoughts
It feels like I am losing to my demons

[Chorus]
Every night

The demons are always in sight

Image VIA [Unsplash](#)